# TALLINGTON LAKES
## Sunday 05 July 2026
## Open Practice 8.15am

**Tallington Lakes Leisure Park,**
**Barholm Road,**
**Tallington,**
**What3Words ///life.innovator.counts**



**NB: DETAILS RE TEAM EVENTS MAY CHANGE**

**Race Entry Fee : £20 per racer (must be paid before 1800h on Wednesday 01 July 2026 or a late payment charge of £5 will be added).**
**Entry online at ersa.co.uk ( currently ERSA CLUBS only)**

**Live Timing**
http://vola-publish.com/hsrcersa/ (all times provisional)
**WhatsApp ERSA SL 2026**
https://chat.whatsapp.com/DXRrdNLafdWIM8d2jULF7B

### 2026 Race Format
3* slalom runs (U12 Stubbies 14+ full gates)
Team events - Full gates
Heroes Event - Full gates
Pro Slalom events - Full gates

### Run Format /Order
- U12 Girls and Boys Stubbies Run 1
- U14+ Women and Men Run 1
- U14+ Women and Men Run 2
- U12 Girls and Boys Stubbies Run 2
- U12 Girls and Boys Stubbies Run 3
- U14+ Women and Men Run 3

U12 races will be best 2 times (out of 3 runs)
U14+ is best of first two runs **plus** time for 3rd run
Prizes for 1, 2 & 3 Women and Men and fastest Women and Men on the day.

### Team Events
- Heroes and Villains Parallel event
- Team Club Events
- Pro Slalom Top 16 U12 Girls and Boys
- Pro Slalom Top 16 Women
- Pro Slalom Top 16 Men

**ERSA Race 2026 Rules Apply**

### Provisional Programme

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| 8.00am | Bib Collection Race Manager |
| 8.15am | Registration /Open practice |
| 9.00am | Race managers Meeting. Registration closes |
| 9.00 am | Open Practice closes |
| 9.20 am | Course Inspection |
| 10.00am | Individual Slalom ( 3 runs) |
| | Dual Slalom (Heroes &Team Events) |
| | Pro Slalom—Events Top 16's |
| | Prize giving |

These times may need to change according to the conditions on the day so please listen to PA announcements

NO waxing other than in allocated areas *Only Racers in the start area * NO " Blue or Yellow " Lubricants
** All ski poles must be fitted with rubber bungs - checks will be made **
** NO BBQ's Allowed **BBQ and Light refreshments available
Videos and photos will be taken, if you do not want to be included please state at Registration.
Race entry fees are non-refundable. Racers withdrawing on medical grounds may obtain a refund if they apply tothe Race Secretary and provide certified medical evidence to support their application.